



IMA TELlicherry NEWS LETTER – MARCH 2017

ORGANIZATIONAL ACTIVITIES

01.03.2017: Executive Meeting

Executive committee was held at IMA hall on 01.03.2017. President Dr. Sanjeev Kumar welcomed the gathering. 38 members attended the meeting.



02.03.2017: VAJRA MEMBERSHIP CAMPAIGN

A Grand reception was given to Vajra Membership Campaign programme by State President Dr. V G Pradeep Kumar , State Secretary Dr.Samuel Koshy. Leaders were accompanied by Dr Mukundan DTF Chairman, Dr Jayaram, DTF Convenor, Dr Jayadevan, North zone Vice President, Dr Cyriac Thomas, Mid Zone Vice President. Dr T N Babu Ravindran, Past National Vice President, Dr Gopeenathan, Dr Sreekumar Vasudevan, Past State President and representatives of neighbouring branches spoke on the

occasion. Dr Sanjeev Kumar, President, IMA Thalassery handed over the membership forms of 10 new members and membership forms of schemes to the State President and Secretary. The meeting was attended by 38 members.



15.03.17: Generalbody Meeting

The *General Body Meeting* was held on 15.03.17 at IMA Hall Thalassery at 8.00 pm. Dr. Sanjeev Kumar presided over the meeting.43 members attended the meeting.



24.03.2017:NationalSolidarity Day

President and Secretary sensitized members on recent increase in

violent assault on doctors and hospital. We observed national solidarity day by distribute all members of thalassery IMA Branch.

ACADEMIC ACTIVITIES

CME Programme

15.03.17: IMA Thalassery conducted a CME on *"Child Sexual Abuse & POCSO Act-Role of Doctors"* by Dr.Sajeev Kumar P B, Consultant Psychiatrist, Tellicherry Co-operative Hospital & Secretary IMA Thalassery. The CME was followed by a lively interaction.



22.03.17: IMA Thalassery conducted a CME on *"Management of Gastroesophageal Reflux Diseases(GERD)"* by Dr.Pradeep Kumar P, Consultant Gastroenterologist, Baby Memorial Hospital, Calicut. The CME was followed by a lively interaction. 41 members attended the meeting.



29.03.17: Training for Pvt Doctors on Guideline for the management of Vector Borne Diseases. In association with District Medical Office(Health) Kannur. Dr.Ramesan T, Professor Kannur Medical College conducted the training Session. The CME was followed by a lively interaction. 50 members attended the meeting.



IMA UNICEF PROJECT

29.03.2017: Conducted an Orientation programme for all IMA Thalassery branch members on 29.03.17 at 8.00pm at IMA Hall on

IMA Unicef Project. Dr.Johnny Sebastian conducted class on An orientation programme on IMA Unicef Project,Dr.Saleem P M took class on “Breast Feeding and Infant Nutrition”. IMA Unicef Posters and other education materials distributed among members to display at clinic/hospital premises. Dr.Sanjeev Kumar President IMA Thalassery presided over the function. Around 50 members attended the programme.



Health Education

24.03.2017: IMA & WIMA Thalassery, District TB Unit & Thalassery TB Unit conducted a World TB Day Awareness Class at PHC Kolassery. Dr.Rejna Dilnath took the class.



SOCIAL ACTIVITIES

Medical Checkups & Camps

28.03.2017: IMA Thalassery and IAP Thalassery conducted a medical camp at Jaycee Special School, Dharmadam. Dr.Prashanth M, Dr.Dilnath Kallat and Dr.Priya examined the patients.



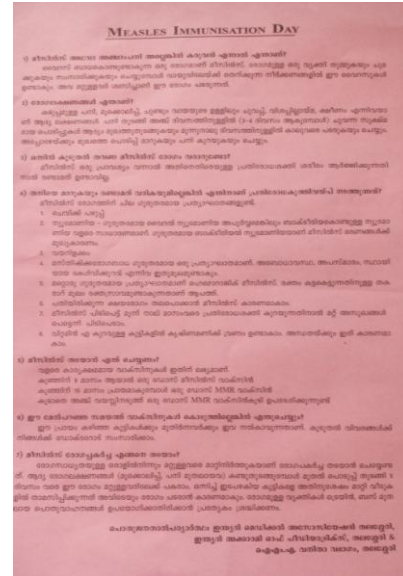
24.03.2017: IMA and Wima Thalassery conducted an Awareness class at Josgiri Nursing College, Thalassery. Dr.Rejna Dilnath took the class.



Universal Immunisation Programme

31.03.2017: Measles Immunisation

IMA Thalassery observed "Measles Immunisation Day" in association with IAP Thalassery Chapter. *Distributed pamphlets, spreading* awareness on measles immunisation through bus stand, railway station, Thalassery General Hospital and all private hospitals in Thalassery.



Pamphlets & Notices

31.03.2017: IMA Thalassery in association with IAP Thalassery Chapter distributed **pamphlets** spreading awareness on measles immunisation at through bus stand, railway station, Thalassery General Hospital and all private hospitals in Thalassery.

OBSERVATION OF IMPORTANT DAYS

05.03.2017: International Womens Day

International Womens day was celebrated by IMA Thalassery and Womens wing of IMA Thalassery on 5th of March 2017 at IMA House, Thalassery. Adv. Vimala Kumari, (Niyama Sameeksha Association Kannur Dist Secretary). took a class on "Women Empowerment and Legal Rights of Women". WIMA President

Dr. Rethika Srikumar welcomed the gathering. WIMA secretary Dr. Shajeera Beegam delivered the vote of thanks.



from Thalassery, Mahe area benefitted with program.



05.03.2017:World Kidney Day

IMA Thalassery, Lions Club of Mahe and Kaithang Choodikotta Conducted World Kidney Day 2017 with various public programs. Awareness program conducted as a panel discussion with highly interactive public. Dr.Sandeep Sreedharan(Nephrologist)Dr.Abilash Antony (Urologist)Dr.Ramesh Babu (Urologist)and Dr.Rajeevan VK participated as panelists. After awareness program people were screened for early renal illness by doing detailed clinical evaluation, renal function tests, RBS and Ultrasonography of KUB area. Camp was conducted at Sree Narayana College, Mahe. Program was presided over by Dr.Rajeevan VK [IPP,IMA,Thalassery. Dr.Sajeve Kumar [Secretary,IMA, Thalassery]actively participated in the function. Around 300 people

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24.03.2017:World TB DAY

IMA Thalassery, District TB Unit & Thalassery TB Unit conducted a World TB Day Awareness Class at PHC Kolassery.Dr.Rejna Dilnath took the class. Mr.Venugopal standing committee chairman thalassery inaugurated the function. Members of other social organizations, Health Workers of PHC, ASHA Workers and Kudumbasree members attended the meeting.



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SPECIAL PROJECTS OF THE BRANCH

IMA Pain & Palliative Care Society & Pain Clinic at Govt. General Hospital Thalassery

This prestigious project of IMA Thalassery is conducted on every Wednesday afternoon with home visits on Wednesdays and Saturdays. Doctors, Volunteers strive to bring solace to the terminally ill patients. The funds are raised from monthly contributions from members and the public.

Pain & Palliative Donation Boxes

The boxes for raising funds for the clinic were placed in all the Private Hospitals in Thalassery and

leading Medical Stores in Thalassery.

Mutual Benefit Scheme

A scheme for members conducted every year, through which members as well as association is benefited.

MISCELLANEOUS

Nammude Arogyam:

Thalassery IMA has been the largest subscriber for Nammude Arogyam. 2070 copies being ordered this month. These copies are being distributed through various private hospitals and book stalls in Thalassery. Free copies of Nammude Arogyam were given for the participants of various medical camps & functions conducted by IMA Thalassery.

IMA & Media

01.03.2017: Talk on Kannur Vision Channel, IMA Past President Dr. Dilnath Kallat talk on the "Causes of stress & its management in children".



25.03.2017: 1 hour Phone in programme conducted by Dr.Sajeev Kumar,Secretary IMA Thalassery in Akashavani All Kerala.Topic- "Dementia" Live Phone in Programme.



Quiz Competition

24.03.2017:World TB Day:

IMA and Wima Thalassery conducted a Quiz Competition at Josgiri Nursing College, Thalassery.



Association with other Organisations

15.03.17: IMA Thalassery actively participated in the monthly CME

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Programme of Cannannore Obstetrics and Gynaecological Society. Dr.Sajeev kumar, Secretary IMA Thalassery presented a topic on "POCSO Act 2012" and Dr.Prashanth M,Consultant Endocrinologist &IPP presented a topic on "Gestational Diabetes Mellitus an update". Around 60 gynecologists attended the meeting.

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PUBLIC RELATIONS & SOCIAL INVOLVMENT

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25.03.2017: 1 hour phone in programme conducted by Dr.Sajeev Kumar, Secretary IMA Thalassery in Akashavani All Kerala.Topic- “Demensia” Live Phone in Programme.

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